Certainly! In one sentence, a **query format** refers to the structured way of expressing a request or question to a database, typically using SQL (Structured Query Language), to retrieve or manipulate data.

Here are **five free resources** where you can learn more about query formats and SQL:

1. **SQL Queries for Mere Mortals**: A comprehensive book by John L. [Viescas that covers SQL basics and is suitable for beginners1](https://learnsql.com/blog/ultimate-resources-for-learning-sql/).
2. [**SQL QuickStart Guide**: A concise beginner’s guide to managing, analyzing, and manipulating data with SQL1](https://learnsql.com/blog/ultimate-resources-for-learning-sql/).
3. [**The 50 Best Resources for Learning SQL**: An extensive list of SQL learning resources, including courses, tutorials, and books1](https://learnsql.com/blog/ultimate-resources-for-learning-sql/).
4. [**How to Get Up and Running with SQL**: A compilation of free online courses and resources for learning SQL](https://learnsql.com/blog/ultimate-resources-for-learning-sql/)[2](https://www.kdnuggets.com/2022/10/get-running-sql-list-free-learning-resources.html).
5. [**The Ultimate List of Free SQL Learning Resources**: A curated list of free resources to help you learn SQL effectively](https://learnsql.com/blog/ultimate-resources-for-learning-sql/)[3](https://medium.com/learning-sql/ultimate-list-of-free-sql-learning-resources-6a78877a5107).

Feel free to explore these resources and enhance your SQL skills! 📚👩‍💻